



# 08<sup>th</sup> Annual International Chandra Knee Foundation Meet 2016

SUNDAY 20<sup>TH</sup> MARCH 2016

VENUE : HOTEL COURTYARD MARRIOTT, AHMEDABAD



4  
hrs

Gujarat Medical Council  
has granted 04 (Four)  
CME Credit Hours

## WELCOME MESSAGE

It is our immense pleasure to invite you to 08<sup>th</sup> Annual International Chandra Knee Foundation Meet 2016 Meet to be held on Sunday 20<sup>th</sup> March 2016 at Hotel Courtyard Marriott, Ahmedabad.

CHANDRA KNEE FOUNDATION is founded in the memory of Shree Chandrashanker Mehta, a scientist and a professor dedicated to promote health and education in the society. The aim of this foundation is to encourage, educate and train young orthopedic surgeons with special interest in the knee surgery and also to explore newer advancements in Knee Arthroplasty.

Scientific program including plenary lectures, symposia, video presentations, case discussions & live surgeries is being planned to provide an opportunity for the delegates to keep themselves abreast with the rapid progress being made in the exciting field of knee surgery.

This time the meeting will focus on current important issues like patient expectations, building successful arthroplasty practice, management of complex & revision TKR surgery, UKR, TKR, MITKR etc in the era of Knee Arthroplasty.

The full day program along with a live surgery and workshop has been designed to keep interest of both aspiring as well as experienced Joint replacement surgeons. I hope this meeting will serve the purpose of getting best of academics for you.

In addition, this year we also invite participants to share their experiences in knee surgery through Case Presentations. Interested delegates may send in their entries before 29<sup>th</sup> February 2016 to participate in this session. Scientific committee will revert to those whose abstracts / Cases have been selected for this session.

Your active interaction & participation will help advance knowledge of Knee Arthroplasty in Gujarat.

Looking forward to meet you, please send in your registration at your earliest.



**Dr Pankaj Patel**  
Organising Chairman



**Dr Rahul Agrawal**  
Organising Secretary

## FACULTY



**Dr. M. M. Prabhakar**  
(Superintendent, Civil Hospital  
& Director Govt. Spine Institute,  
Ahmedabad)



**Dr. Suresh Siva**  
(Arthritis Surgeon, MD; FRCS  
(Tr & Orth), Malaysia)



**Dr. Nicolaas C. Budhiparama**  
Chairman and Founder of Nicolaas  
Institute of Constructive Orthopaedic  
Research & Education Foundation for  
Arthroplasty & Sports Medicine, Indonesia



**Dr K C Mehta**  
(Consultant Knee Surgeon & Director,  
Chandra Knee Clinic & Apollo Hospitals  
International, Ahmedabad)



**Dr. Sanjay Pai**  
(Sr. Consultant Orthopaedic  
Surgeon Apollo Hospitals,  
Bangalore)



**Dr. Niraj L. Vora**  
(Joint Replacement and  
Trauma Surgeon, Mumbai)



**Dr. Sachin Tapasvi**  
(Sr. Joint Replacement  
Surgeon, Pune)



**Dr. Ved Prakash**  
(Sr. Consultant Orthopaedic  
Surgeon, Hyderabad)



**Dr. Vijay Kumar**  
(Add. Professor, AIIMS,  
New Delhi)



**Dr. Sujoy Bhattacharjee**  
(Orthopaedic & Joint Replacement  
Surgeon, Faridabad)



**Dr. Kaushal Malhan**  
(Sr. Knee & Hip Replacement  
Surgeon, Mumbai)



**Dr Prabhat Lakkireddi**  
(Consultant Orthopaedics &  
Joint Replacement Surgeon  
Apollo Hospitals, Hyderabad)

## AGENDA

Time	Topic	Duration	Name of Speaker
0900 Hrs	Chandra Knee Foundation - Vision	10 Min	Dr. K.C. Mehta
0910 Hrs	Welcome & Key Note Speech	10 Min	Dr. Pankaj Patel
0920 Hrs	Lamp Lightening	10 Min	All Faculty
<b>Session 1 - Patient &amp; TKA - Chairperson: - Dr. Pankaj Patel &amp; Dr. M. M. Prabhakar</b>			
0930 Hrs	Why do Total Knees Fail in 2016 ?	15 Min	Dr. Suresh Siva
0945 Hrs	Measured Resection Vs Gap Balancing Technique for TKR:	15 Min	Dr. Nicolaas C. Budhiparama
1000 Hrs	Tips & Tricks in Valgus Knees	15 Min	Dr. Sujoy Bhattacharjee
1015 Hrs	Patellofemoral Arthritis	15 Min	Dr. Ved Prakash
1030 Hrs	Instability in TKR	15 Min	Dr. Sachin Tapasvi
1045 Hrs	Ask the experts (Q n A)	20 Min	
<b>Break</b>			
<b>Session 2 - Complex Knee Arthroplasty - Chairperson: - Dr. K. C. Mehta &amp; Dr. Sachin Tapasvi</b>			
1130 Hrs	Uni-Compartmental Knee Arthroplasty	15 Min	Dr. Vijay Kumar
1145 Hrs	Experience with Oxinium Knees	15 Min	Dr. Niraj Vora
1200 Hrs	Fixed Flexion Deformity	15 Min	Dr. Sanjay Pai
1215 Hrs	Gap Balancing Technique in TKR	15 Min	Dr. Sachin Tapasvi
1230 Hrs	Tips & Tricks – How to Avoid Patella Clunk	15 Min	Dr. Ved Prakash
1245 Hrs	Ask the experts (Q n A)	20 Min	

**Lunch**

**Session 3 – Complex & Revision TKA -****Chairperson: - Dr. Nicolaas C. Budhiparama & Dr. Suresh Siva**

1330 Hrs	Management of Bone Defects in Primary & Revision Situation	15 Min	Dr. Sachin Tapasvi
1345 Hrs	Post Operative Complexities of UKR & Solutions	15 Min	Dr. Vijay Kumar
1400 Hrs	Infections in TKR	15 Min	Dr. Sanjay Pai
1415 Hrs	Enhanced Recovery Protocol for TKR	15 Min	Dr. Suresh Siva
1430 Hrs	Ask the experts (Q n A)	15 Min	

**Session 4–Advances in Knees -****Chairperson : -Dr. Sanjay Pai & Dr. Ved Prakash**

1450 Hrs	Computer Navigation Assisted Knee Replacement	15 Min	Dr. Prabhat Lakkireddi
1505 Hrs	Patient Specific Cutting Guides in TKR – Do they work?	15 Min	Dr. Kaushal Malhan
1520 Hrs	Medial Pivot Knees- History, Biomechanics and Outcomes	15 Min	Dr. Suresh Siva
1535 Hrs	Ask the experts (Q n A)	15 Min	

**Break****Session 5 – Live Surgery & Workshop -****Chairperson: -Dr. Niraj Vora, Dr. Vijay Kumar & Dr. Kaushal Malhan**

1555 Hrs	TKR Live Surgery	60 Min	Dr. Sachin Tapasvi
1655 Hrs	Case Discussion	15 Min	Delegates
1710 Hrs	HANDS ON WORKSHOP ON iAssist	60 Min	All Faculty
1810 Hrs	Ask the experts (Q n A)	15 Min	
1830 Hrs	Concluding Remarks & Vote of Thanks		Dr. K. C. Mehta

## **Registration Information**

**Registration fees INR 1000/-**

Please send DD/Cheque payable at Ahmedabad in favour of

**“Chandra Knee Foundation”**

Smita : +91 9979692131

Office : +91 79 26732131

### **Chandra Knee Foundation**

401, Galaxy Mall, Opp. Jansi ki Rani BRTS Bus Stop,

Nr. Shivranjani Cross Road, Satellite, Ahmedabad - 380015.

For Registration send

Email at : [chandrakneefoundation@gmail.com](mailto:chandrakneefoundation@gmail.com)

Website : [www.chandrakneefoundation.com](http://www.chandrakneefoundation.com)

# Registration Form

Name: .....

Address: .....

City: .....

Mobile : ..... Email: .....

Number of arthroplasties done:

Performed by yourself: TKR: .....

Assisted: TKR: .....

Hospital set-up:

No. of beds: ..... Laminar Flow: [ ] YES [ ] NO

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For Registration send

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